

Week #1

DATE	TIME	EVENT	DETAILS	SPEAKER/LEAD BY:
Saturday, June 27	9:30 AM	Shabbat Service	Torah reading: Korach (Numbers 16:1)	Rabbi Zalman Vilenkin
	9:51 PM	Shabbat Ends		
Sunday, June 28				
Monday, June 29		NO CLASS		
Tuesday, June 30	9:30-10:30 AM			
Wednesday, July 1	9:30-10:30 AM			
Thursday, July 2	9:30-10:30 AM	Talmudic Everyday Ethics	These discussions will focus on everyday ethical issues and will use the Talmud and other Jewish sources as its guide.	Rabbi Zalman Vilenkin
Friday, July 3	9:30-10:30 AM	Kabalah and Meditation	Explore Kabalistic teachings and their Meditative powers to transport one to a higher place. This class will delve into the actual steps in the process of "hitbonenut" – meditation, in the Jewish Mystical tradition. This fascinating class will also retrace the steps of Jewish meditation through history: Beginning with the Biblical prophets, across the ages to the Talmudic sages and Jewish mystics.	Rabbi Zalman Vilenkin
	12:15-1:00 PM	Challah Baking Class	At the Miriam Gurary challah baking series discover the meaning of Shabbat foods and rituals while making and braiding challah.	
	8:39 PM	Shabbat Candle Lighting time		

*Shabbat services are at the "Zigdon Chabad Jewish House – 23 Vincent (Brick walk). Due to Covid-19 there are participation limitations. Please RSVP before at rabbi@cocweb.org. We will provide face masks, hand sanitizers and proper social distancing.

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Week #2

DATE	TIME	EVENT	DETAILS	SPEAKER/LEAD BY:
Saturday, July 4	9:30 AM	Shabbat Service	Torah reading: Chukat - Balak (Numbers 19:1-22:2)	Rabbi Zalman Vilenkin
	9:49 PM	Shabbat Ends		
Sunday, July 5				
Monday, July 6	9:30-10:30 AM	Maimonides – Principles of Faith	<i>Maimonides' 13 principles, are the foundations of Judaism. This class is not an exposition but rather an expedition into Judaism's thirteen principles of faith.</i>	Rabbi Zalman Vilenkin
Tuesday, July 7	9:30-10:30 AM	Talmudic Everyday Ethics	These discussions will focus on everyday ethical issues and will use the Talmud and other Jewish sources as its guide.	Rabbi Zalman Vilenkin
Wednesday, July 8	9:30-10:30 AM	Jewish Psychology	<i>Throughout our lives, we will all experience endless irritations and frustrations, as well as many losses. What makes the difference between those who stay down and those who pick themselves up and start rebuilding? Come and study the Jewish model of human Psychology and how to apply it to your life.</i>	Rabbi Zalman Vilenkin
Thursday, July 9		17 Tamuz – Fast Day		
Friday, July 10	9:30-10:30 AM	Kabalah and Meditation	Explore Kabalistic teachings and their Meditative powers to transport one to a higher place. This class will delve into the actual steps in the process of “hitbonenut” –meditation, in the Jewish Mystical tradition. This fascinating class will also retrace the steps of Jewish meditation through history: Beginning with the Biblical prophets, across the ages to the Talmudic sages and Jewish mystics.	Rabbi Zalman Vilenkin
	12:15-1:00 PM	Challah Baking Class	At the Miriam Gurary challah baking series discover the meaning of Shabbat foods and rituals while making and braiding challah.	
	8:37 PM	Shabbat Candle Lighting time		

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Week #3

DATE	TIME	EVENT	DETAILS	SPEAKER/LEAD BY:
Saturday, July 11	9:30 AM	Shabbat Service	Torah reading: Pinchos (Numbers 25:10)	Rabbi Zalman Vilenkin
	9:45 PM	Shabbat Ends		
Sunday, July 12				
Monday, July 13	9:30-10:30 AM	Maimonides – Principles of Faith	<i>Maimonides' 13 principles, are the foundations of Judaism. This class is not an exposition but rather an expedition into Judaism's thirteen principles of faith.</i>	Rabbi Zalman Vilenkin
Tuesday, July 14	9:30-10:30 AM	Talmudic Everyday Ethics	These discussions will focus on everyday ethical issues and will use the Talmud and other Jewish sources as its guide.	Rabbi Zalman Vilenkin
Wednesday, July 15	9:30-10:30 AM	Jewish Psychology	Throughout our lives, we will all experience endless irritations and frustrations, as well as many losses. What makes the difference between those who stay down and those who pick themselves up and start rebuilding? Come and study the Jewish model of human Psychology and how to apply it to your life.	Rabbi Zalman Vilenkin
Thursday, July 16	9:30-10:30 AM	Medical Ethics	<i>As new ethical matters arise; Judaism offers Divine guidelines to these often complex issues. These discussions will explore Medical Ethics issues through the lenses of Jewish Law.</i>	Esther Vilenkin
Friday, July 17	9:30-10:30 AM	Kabalah and Meditation	Explore Kabalistic teachings and their Meditative powers to transport one to a higher place. This class will delve into the actual steps in the process of "hitbonenut" –meditation, in the Jewish Mystical tradition. This fascinating class will also retrace the steps of Jewish meditation through history: Beginning with the Biblical prophets, across the ages to the Talmudic sages and Jewish mystics.	Rabbi Zalman Vilenkin
	12:15-1:00 PM	Challah Baking Class	At the Miriam Gurary challah baking series discover the meaning of Shabbat foods and rituals while making and braiding challah.	
	8:33 PM	Shabbat Candle Lighting time		

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Week #4

DATE	TIME	EVENT	DETAILS	SPEAKER/LEAD BY:
Saturday, July 18	9:30 AM	Shabbat Service	Torah reading: Matos-Masei (Numbers 30:2)	Rabbi Zalman Vilenkin
	9:40 PM	Shabbat Ends		
Sunday, July 19				
Monday, July 20	9:30-10:30 AM	Maimonides – Principles of Faith	<i>Maimonides' 13 principles, are the foundations of Judaism. This class is not an exposition but rather an expedition into Judaism's thirteen principles of faith.</i>	Rabbi Zalman Vilenkin
Tuesday, July 21	9:30-10:30 AM	Talmudic Everyday Ethics	These discussions will focus on everyday ethical issues and will use the Talmud and other Jewish sources as its guide.	Rabbi Zalman Vilenkin
Wednesday, July 22	9:30-10:30 AM	Jewish Psychology	<i>Throughout our lives, we will all experience endless irritations and frustrations, as well as many losses. What makes the difference between those who stay down and those who pick themselves up and start rebuilding? Come and study the Jewish model of human Psychology and how to apply it to your life.</i>	Rabbi Zalman Vilenkin
Thursday, July 23	9:30-10:30 AM	Medical Ethics	<i>As new ethical matters arise; Judaism offers Divine guidelines to these often complex issues. These discussions will explore Medical Ethics issues through the lenses of Jewish Law.</i>	Esther Vilenkin
Friday, July 24	9:30-10:30 AM	Kabalah and Meditation	Explore Kabalistic teachings and their Meditative powers to transport one to a higher place. This class will delve into the actual steps in the process of "hitbonenut" – meditation, in the Jewish Mystical tradition. This fascinating class will also retrace the steps of Jewish meditation through history: Beginning with the Biblical prophets, across the ages to the Talmudic sages and Jewish mystics.	Rabbi Zalman Vilenkin
	12:15-1:00 PM	Challah Baking Class	At the Miriam Gurary challah baking series discover the meaning of Shabbat foods and rituals while making and braiding challah.	
	8:27 PM	Shabbat Candle Lighting time		

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Week #5

DATE	TIME	EVENT	DETAILS	SPEAKER/LEAD BY:
Saturday, July 25	9:30 AM	Shabbat Service	Torah reading: Devarim (Deuteronomy 1:1)	Rabbi Zalman Vilenkin
	9:32 PM	Shabbat Ends		
Sunday, July 26				
Monday, July 27	9:30-10:30 AM	Maimonides – Principles of Faith	<i>Maimonides' 13 principles, are the foundations of Judaism. This class is not an exposition but rather an expedition into Judaism's thirteen principles of faith.</i>	Rabbi Zalman Vilenkin
Tuesday, July 28	9:30-10:30 AM	Talmudic Everyday Ethics	These discussions will focus on everyday ethical issues and will use the Talmud and other Jewish sources as its guide.	Rabbi Zalman Vilenkin
Wednesday, July 29	9:30-10:30 AM	Jewish Psychology	<i>Throughout our lives, we will all experience endless irritations and frustrations, as well as many losses. What makes the difference between those who stay down and those who pick themselves up and start rebuilding? Come and study the Jewish model of human Psychology and how to apply it to your life.</i>	Rabbi Zalman Vilenkin
Thursday, July 30		Tisha B'Av – Fast Day		
Friday, July 31	9:30-10:30 AM	No Class		
	12:15-1:00 PM	Challah Baking Class	At the Miriam Gurary challah baking series discover the meaning of Shabbat foods and rituals while making and braiding challah.	
	8:19 PM	Shabbat Candle Lighting time		

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Week #6

DATE	TIME	EVENT	DETAILS	SPEAKER/LEAD BY:
Saturday, August 1	9:30 AM	Shabbat Service	Torah reading: Voeschanan (Deuteronomy 3:23)	Rabbi Zalman Vilenkin
	9:24 PM	Shabbat Ends		
Sunday, August 2				
Monday, August 3	9:30-10:30 AM	Maimonides – Principles of Faith	<i>Maimonides' 13 principles, are the foundations of Judaism. This class is not an exposition but rather an expedition into Judaism's thirteen principles of faith.</i>	Rabbi Zalman Vilenkin
Tuesday, August 4	9:30-10:30 AM	Talmudic Everyday Ethics	These discussions will focus on everyday ethical issues and will use the Talmud and other Jewish sources as its guide.	Rabbi Zalman Vilenkin
Wednesday, August 5	9:30-10:30 AM	Jewish Psychology	<i>Throughout our lives, we will all experience endless irritations and frustrations, as well as many losses. What makes the difference between those who stay down and those who pick themselves up and start rebuilding? Come and study the Jewish model of human Psychology and how to apply it to your life.</i>	Rabbi Zalman Vilenkin
Thursday, August 6	9:30-10:30 AM	Medical Ethics	<i>As new ethical matters arise; Judaism offers Divine guidelines to these often complex issues. These discussions will explore Medical Ethics issues through the lenses of Jewish Law.</i>	Esther Vilenkin
Friday, August 7	9:30-10:30 AM	Kabalah and Meditation	Explore Kabalistic teachings and their Meditative powers to transport one to a higher place. This class will delve into the actual steps in the process of “hitbonenut” –meditation, in the Jewish Mystical tradition. This fascinating class will also retrace the steps of Jewish meditation through history: Beginning with the Biblical prophets, across the ages to the Talmudic sages and Jewish mystics.	Rabbi Zalman Vilenkin
	12:15-1:00 PM	Challah Baking Class	At the Miriam Gurary challah baking series discover the meaning of Shabbat foods and rituals while making and braiding challah.	
	8:11 PM	Shabbat Candle Lighting time		

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Week #7

DATE	TIME	EVENT	DETAILS	SPEAKER/LEAD BY:
Saturday, August 8	9:30 AM	Shabbat Service	Torah reading: Eikev (Deuteronomy 7:12)	Rabbi Zalman Vilenkin
	9:14 PM	Shabbat Ends		
Sunday, August 9				
Monday, August 10	9:30-10:30 AM	Maimonides – Principles of Faith	<i>Maimonides' 13 principles, are the foundations of Judaism. This class is not an exposition but rather an expedition into Judaism's thirteen principles of faith.</i>	Rabbi Zalman Vilenkin
Tuesday, August 11	9:30-10:30 AM	Talmudic Everyday Ethics	These discussions will focus on everyday ethical issues and will use the Talmud and other Jewish sources as its guide.	Rabbi Zalman Vilenkin
Wednesday, August 12	9:30-10:30 AM	Jewish Psychology	<i>Throughout our lives, we will all experience endless irritations and frustrations, as well as many losses. What makes the difference between those who stay down and those who pick themselves up and start rebuilding? Come and study the Jewish model of human Psychology and how to apply it to your life.</i>	Rabbi Zalman Vilenkin
Thursday, August 13	9:30-10:30 AM	Medical Ethics	<i>As new ethical matters arise; Judaism offers Divine guidelines to these often complex issues. These discussions will explore Medical Ethics issues through the lenses of Jewish Law.</i>	Esther Vilenkin
Friday, August 14	9:30-10:30 AM	Kabalah and Meditation	Explore Kabbalistic teachings and their Meditative powers to transport one to a higher place. This class will delve into the actual steps in the process of “hitbonenut” – meditation, in the Jewish Mystical tradition. This fascinating class will also retrace the steps of Jewish meditation through history: Beginning with the Biblical prophets, across the ages to the Talmudic sages and Jewish mystics.	Rabbi Zalman Vilenkin
	12:15-1:00 PM	Challah Baking Class	At the Miriam Gurary challah baking series discover the meaning of Shabbat foods and rituals while making and braiding challah.	Sponsored by: Leah Meyer Austin
	8:01 PM	Shabbat Candle Lighting time		

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Week #8

DATE	TIME	EVENT	DETAILS	SPEAKER/LEAD BY:
Saturday, August 15	9:30 AM	Shabbat Service	Torah reading: Re'eh (Deuteronomy 11:26)	Rabbi Zalman Vilenkin
	9:03 PM	Shabbat Ends		
Sunday, August 16				
Monday, August 17	9:30-10:30 AM	Maimonides – Principles of Faith	Maimonides' 13 principles, are the foundations of Judaism. This class is not an exposition but rather an expedition into Judaism's thirteen principles of faith.	Rabbi Zalman Vilenkin
Tuesday, August 18	9:30-10:30 AM	Talmudic Everyday Ethics	These discussions will focus on everyday ethical issues and will use the Talmud and other Jewish sources as its guide.	Rabbi Zalman Vilenkin
Wednesday, August 19	9:30-10:30 AM	Jewish Psychology	Throughout our lives, we will all experience endless irritations and frustrations, as well as many losses. What makes the difference between those who stay down and those who pick themselves up and start rebuilding? Come and study the Jewish model of human Psychology and how to apply it to your life.	Rabbi Zalman Vilenkin
Thursday, August 20	9:30-10:30 AM	Medical Ethics	<i>As new ethical matters arise; Judaism offers Divine guidelines to these often complex issues. These discussions will explore Medical Ethics issues through the lenses of Jewish Law.</i>	Esther Vilenkin
Friday, August 21	9:30-10:30 AM	Kabalah and Meditation	Explore Kabalistic teachings and their Meditative powers to transport one to a higher place. This class will delve into the actual steps in the process of "hitbonenut" – meditation, in the Jewish Mystical tradition. This fascinating class will also retrace the steps of Jewish meditation through history: Beginning with the Biblical prophets, across the ages to the Talmudic sages and Jewish mystics.	Rabbi Zalman Vilenkin
	12:15-1:00 PM	Challah Baking Class	At the Miriam Gurary challah baking series discover the meaning of Shabbat foods and rituals while making and braiding challah.	
	7:51 PM	Shabbat Candle Lighting time		

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Week #9

DATE	TIME	EVENT	DETAILS	SPEAKER/LEAD BY:
Saturday, August 22	9:30 AM	Shabbat Service	Torah reading: Shoftim (Deuteronomy 16:18)	Rabbi Zalman Vilenkin
	8:51 PM	Shabbat Ends		
Sunday, August 23				
Monday, August 24	9:30-10:30 AM	Maimonides – Principles of Faith	Maimonides' 13 principles, are the foundations of Judaism. This class is not an exposition but rather an expedition into Judaism's thirteen principles of faith.	Rabbi Zalman Vilenkin
Tuesday, August 25	9:30-10:30 AM	Talmudic Everyday Ethics	These discussions will focus on everyday ethical issues and will use the Talmud and other Jewish sources as its guide.	Rabbi Zalman Vilenkin
Wednesday, August 26	9:30-10:30 AM	Jewish Psychology	Throughout our lives, we will all experience endless irritations and frustrations, as well as many losses. What makes the difference between those who stay down and those who pick themselves up and start rebuilding? Come and study the Jewish model of human Psychology and how to apply it to your life.	Rabbi Zalman Vilenkin
Thursday, August 27				
Friday, August 28				
	7:39 PM	Shabbat Candle Lighting time		
Saturday, August 29				
	8:39 PM	Shabbat Ends		

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